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## **MEDICATIONS FOR YOUR SURGERY**

### **Day of Surgery**

BRING THE PRESCRIBED MEDICATIONS WITH YOU (do not take any of these medications unless told otherwise)

#### Medication List

Decadron (*dexamethasone*) – Please take \_\_\_ pink tablets (1.5mg) or \_\_\_ blue tablets (0.75mg) or \_\_\_ white tablets (0.5mg) one hour prior to surgery with only a sip of water

Amoxil (*amoxicillin*) or Cleocin (*clindamycin*) or Z-Pak (Zithromax) – Please take \_\_\_ tablets one hour prior to surgery with only a sip of water

Motrin (*ibuprofen*) – Please take \_\_\_ tablets one hour prior to surgery with only a sip of water

Vicodin (*hydrocodone*) or Percocet (*oxycodone*) or Tylenol # 3 (acetaminophen with codeine) only bring to surgical appointment

#### Afternoon

Amoxicillin or Cleocin

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, or Percocet

Take 1 tablet even if you do not feel pain.

Do not drive or operate machinery!

#### Evening

Amoxicillin or Cleocin

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, or Percocet

Take 1 tablet even if you do not feel pain.

Do not drive or operate machinery!

Peridex rinse

Gentle rinse with one capful for one full minute

## The Day After Surgery

### Morning

Decadron

Take \_\_\_pink tablets (1.5 mg) or \_\_\_blue tablets (0.75 mg)

Or \_\_\_ white tablets (0.5 mg)

Amoxicillin, Cleocin or Z-Pak

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, or Percocet

Take 1 tablet even if you do not feel pain.

Do not drive or operate machinery!

Peridex rinse

Gentle rinse with one capful for one full minute

### Afternoon

Amoxicillin or Cleocin

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, Percocet or Extra-Strength Tylenol

Take the prescription pain medication if you feel pain. Do not drive or operate machinery! If the area is only sore you may take over the counter pain medication instead such as Tylenol.

### Evening

Amoxicillin or Cleocin

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, Percocet or Extra-Strength Tylenol

Take the prescription pain medication if you feel pain. Do not drive or operate machinery! If the area is only sore you may take over the counter pain medication instead such as Tylenol.

Peridex rinse

Gentle rinse with one capful for one full minute

## Two Days After Surgery

### Morning

Decadron

Take \_\_\_ pink tablets (1.5 mg) or \_\_\_ blue tablets (0.75 mg)

Or \_\_\_ white tablets (0.5 mg)

Amoxicillin, Cleocin or Z-Pak

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, Percocet or Extra-Strength Tylenol

Take the prescription pain medication if you feel pain. Do not drive or operate machinery! If the area is only sore you may take over the counter pain medication instead such as Tylenol.

Peridex rinse

Gentle rinse with one capful for one full minute

### Afternoon

Amoxicillin or Cleocin

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, Percocet or Extra-Strength Tylenol

Take the prescription pain medication if you feel pain. Do not drive or operate machinery! If the area is only sore you may take over the counter pain medication instead such as Tylenol.

### Evening

Amoxicillin or Cleocin

Take 1 tablet.

Motrin

Take 1 tablet.

Vicodin, Tylenol # 3, Percocet or Extra-Strength Tylenol

Take the prescription pain medication if you feel pain. Do not drive or operate machinery! If the area is only sore you may take over the counter pain medication instead such as Tylenol.

Peridex rinse

Gentle rinse with one capful for one full minute

## The Following Days After Surgery

Amoxicillin or Cleocin

Take 1 tablet three times a day (morning, afternoon, evening) until tablets are completely finished (about 1 week). Finish Z-Pak as directed.

Vicodin, Tylenol # 3, Percocet, Extra-Strength Tylenol or Advil

Take the prescription pain medication if you feel pain. Do not drive or operate machinery! If the area is only sore you may take over the counter pain medication instead such as Tylenol or Advil.

Peridex rinse

Gentle rinse with one capful for one full minute twice a day (a.m, p.m.)

## **MEDICATIONS**

Take all of the medications given or prescribed for you as directed. They have been given to you for very important reasons. The only type of medicine that you do not have to take all of is the pain medicine. Take all the medications with food unless otherwise stated. Have the prescriptions filled before surgery and take the medications before surgery as directed. Bring the bottles with you to your surgery appointment.

### **Pain medications** (ie. Vicodin, Tylenol # 3, Percocet, Advil, Motrin, Tylenol)

Please take the narcotic medication every 6 hours the day of and the day after surgery, even if you have no pain. It is easier to keep you pain free, than to get you out of pain once it occurs. If you still have moderate to severe pain after taking the prescription then call the doctor. Do not drive or operate machinery if you are taking the prescribed pain medication. If you develop a rash, notify the doctor. If you develop difficulty in breathing seek emergency medical treatment. You may develop constipation from the narcotic medication and may need an over the counter laxative if necessary. If you are only having minimal discomfort, you may switch to over the counter pain relievers (Tylenol, Advil). Avoid aspirin as it may increase bleeding and slow healing.

### **Antibiotics** (Pen V K - penicillin, Amoxil - amoxicillin, Cleocin –clindamycin, Z-Pak - Zithromax )

You may be prescribed an antibiotic to help prevent infection. To be most effective, please take the medication as prescribed. You will start taking the antibiotic one-hour prior to surgery. It is important to take all of the antibiotic to completion. Failure to take this medication as directed will increase your risk of infection. If you develop a fever, drainage and/or increased swelling after the surgery, please notify the doctor. If an allergy occurs (hives, itching, rash), discontinue the medication and contact the office immediately. If you develop difficulty in breathing seek emergency medical treatment. If you develop severe or persistent diarrhea please notify the doctor.

### **Anti-inflammatory** (Decadron - dexamethasone)

You may be prescribed an anti-inflammatory medication to help minimize swelling after surgery. Unless you are told otherwise, you should take this medication in the morning for up to three days.